



VINAYAKA MISSION'S
RESEARCH FOUNDATION
(Deemed to be University established in 1982)



VINAYAKA MISSION'S
KIRUPANANDA VARIYAR
MEDICAL COLLEGE & HOSPITALS

**Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals, Salem – 636308.**

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

**Elimination of Violence against Women &
Discrimination against Women Pakhwada**

From 25th November to 10th December 2023

- Internal Complaints Committee of Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem conducted awareness programmes for Gender sensitization and displayed slogans in the Notice Boards.
- We have conducted poster presentation competition & Essay competition for UG & PG students on Gender equality as part of observation of Elimination of Discrimination against Women Pakhwada.
- Short film made by the UG students to create awareness and Gender equality as part of observation of Elimination of Discrimination against Women Pakhwada.

Prof. Dr. K. Ezhil Vendhan, M.S.,

Dean

Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals
Seeragaudi, Salem - 636 308.

**Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals, Salem – 636308.**

Vinayaka Mission's Research Foundation (Deemed to be University)

**Prevention of Sexual Harassment at Work Place(PoSH)
Internal Complaints Committee**

**Elimination of Violence against Women &
Discrimination against Women Pakhwada**

From 25th November to 10th December 2023

Programme Schedule

Date	Events	Faculty Incharge
25.11.2023	Display of slogans on Gender Sensitization in electronic scrolling board for public awareness.	Dr. Reena Rajan Dr. N.Sakthi Gnanasundaram
05.12.2023	Awareness programme for Non-teaching staff Topic: Empowering Equality: Preventing Sexual Harassment at Workplace	Dr. V. Sivasankari Dr. R. Brinda Dr. C. Rajasekharan Dr. A.V.Raghavendra Rao
05.12.2023	Poster Competition for Post Graduate students Topic: Gender Equality for building the nation	Dr. G.Premapriya Dr. N.Sakthi Gnanasundaram
06.12.2023	Essay Competition for Under Graduate students Topic: Gender Equality for building the nation	Dr. S.Moogaambiga Dr. R. Saranya
08.12.2023	Short film by Under Graduate students	Dr. B.Lakshmi Dorai Ms. Shinipreetha N
11.12.2023	Prize distribution ceremony	



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INTERNAL COMPLAINTS COMMITTEE

REPORT

On

DISPLAY OF SLOGANS FOR PUBLIC AWARENESS ON

“GENDER SENSITISATION”

As part of Observation of

“Elimination of Discrimination against Women Pakhwada”

Date: 25th November 2023



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Sankari Main Road (NH -17), Ariyanoor, Salem 636308, Tamil Nadu, India.

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Prof. Dr. K. P. Venkatesh, M.S.
Dean

Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals
Seeragapadi, Salem 636308.



Report On

Display of Slogans for Public awareness on “Gender sensitisation”

Internal Complaints Committee, Vinayaka Mission’s Kirupananda Variyar Medical College & Hospitals, Salem organised and conducted “Display of Slogans for Public Awareness on Gender Sensitisation ” as part of observation of “Elimination of Discrimination against Women Pakhwada” on 25.11.2023.

- Public Awareness Slogans were displayed in the Hospital reception entrance with electronic scrolling board displaying the best 5 slogans in English and Tamil which were selected from 20 slogans as approved by the VAB members and Committee members of ICC.
- The scrolling was displayed for the entire 2 weeks for creating maximum awareness to the public which became an effective tool in spreading the theme of the Pakhwada.



**DISPLAY OF SLOGANS TO CREATE AWARENESS ON
GENDER SENSITISATION AND GENDER EQUALITY**





Prof. Dr. K. Ezhil Vendhan, M.S.,

Dean

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INTERNAL COMPLAINTS COMMITTEE

REPORT

On

AWARENESS TALK

**“EMPOWERING EQUALITY:PREVENTING SEXUAL
HARASSMENT AT WORKPLACE”**

**As part of Observation of “Elimination of Discrimination against
Women Pakhwada”**

Date: 05th December 2023



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**REPORT ON
AWARENESS PROGRAMME**

On

**“EMPOWERING EQUALITY: PREVENTING SEXUAL HARASSMENT AT
WORKPLACE”**

As part of Observation of

“Elimination of Discrimination against Women Pakhwada”- 2023

1. Name of the department organised: **Internal Complaints Committee**
2. Name / Title: **“Empowering Equality: Preventing Sexual Harassment at Workplace”.**
3. Date: **05-12-2023 / Hours duration : 2 Hours**
4. Name of the Guest Speaker (Name/Designation/Name of the Institution/Place)
 - a. **CS G. Saranya, MBA, FCS, India Women Network (IWN), Salem**
5. Name of the Resource Persons:
6. Name of the Organiser:
 1. Prof. Dr. V. Sivasankari, Convenor, ICC, Department of Pharmacology
 2. Prof. Dr. C Rajasekharan, Department of General Surgery
 3. Prof. Dr. R Brindha, HOD, Department of Anaesthesiology
 4. Prof. Dr B Lakshmi Dorai, Department of Psychiatry
 5. Dr. R. Saranya, Associate Professor, Dept of Pediatrics
 6. Dr. S. Moogaambiga, Associate Professor, Dept of Medicine
 7. Dr. G. Prema Priya, Associate Professor, Dept of Obs. & Gyn
 8. Dr. A. V. Raghavendra Rao, Associate Professor, Dept of Microbiology
 9. Dr. Reena Rajan, Co-convenor ICC, Assistant professor, Dept of Microbiology
 10. Mr Syed Liyakath Ali, Tutor, Dept of Physiology
 11. Dr N. Sakthi Gnanasundaram, Postgraduate student, Dept of Ophthalmology
 12. Ms N. Shinipreetha, III MBBS student
7. No. of participants/Beneficiaries
 - a) Faculty: **15**
 - b) Students (VMKVMC&H): **46**
 - c) Non teaching staff: **72**
 - d) Other Institution: faculty: **Nil**
 - e) Delegates from other Hospitals: **Nil**
8. Certificate Issued: **Yes; (If yes, credit points applicable to CME) – Nil**
9. Data pertains to criterion metric: **7.1.1**



**REPORT ON
AWARENESS PROGRAMME
ON**

“Empowering Equality: Preventing Sexual Harassment at Workplace”.

Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem organised and conducted an “Awareness talk” as part of observation of “Elimination of Discrimination against Women Pakhwada” on 05.12.2023.

- Renowned speaker **CS G Saranya, MBA, FCS, from India Women Network(IWN), Salem** was invited to enlighten the participants as an awareness talk on **“Empowering Equality: Preventing Sexual Harassment at Workplace”**
- Dr. V. Sivasankari, Convenor of ICC, Professor, Department of Pharmacology, delivered the Welcome address.
- Prof. Dr. K Ezhilvendhan, Dean, felicitated the gathering and gave an enlightening talk stressing the importance of ICC in our institution.
- Prof. Dr. R. Brindha, HOD, Department of Anaesthesiology introduced the eminent speaker of the day with her credentials.
- Mrs. **CS G. Saranya**, enlightened the participants on the topic **“ Empowering Equality: Preventing Sexual Harassment at Workplace”** in an interesting and interactive way. The speaker insisted the importance of Preventing Sexual Harassment at Workplace.
- The participants actively interacted with their views and perceptions. The speaker gave valuable suggestions and motivated the participants to be with Internal Complaints Committee to protect their rights in a very lucid manner.
- About 133 participants including faculty, non-teaching staff and students attended the programme actively.
- The programme ended with a vote of thanks by **Dr. C. Rajasekharan, Professor, Department of General Surgery.**

Invitation



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VINAYAKA MISSION'S KIRUPANANDA
VARIYAR MEDICAL
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**Vinayaka Mission's Kirupananda
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Salem - 636308.**

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

**Cordially invites you for
an awareness talk on**

**"Empowering Equality: Preventing Sexual
Harassment at Workplace"**

As part of observation of

**Elimination of Discrimination against Women
Pakhwada**

From 25th November to 10th December 2023

Date

05th December 2023

Time

11.00 am to 12.30 pm

Venue

Pharmacology Lecture Hall



**CS G. Saranya, MBA, FCS,
Indian Women Network (IWN),
Salem.**

PROGRAMME SCHEDULE



VINAYAKA MISSION'S
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Chartered under the Companies Act, 1956 (No. 1002 of 1956)



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KIRUPANANDA VARIYAR
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Internal Complaints Committee

Elimination of Discrimination against Women Pakhwada

From 25th November to 10th December 2023

Awareness Programme

Date:05.12.2023 (Tuesday)Time: 11.00 am to 12.30 pm

Programme Schedule

Welcome Address	11.00 - 11.02am	Prof. Dr.V. Sivasankari Dept. of Pharmacology ICC Convenor
Dean's Address	11.02- 11.04am	Prof. Dr.K. EzhilVendhan Dean
Felicitations	11.04-11.06am	Prof. Dr.S.R. Ranga Bashyam Medical Superintendent
	11.06- 11.08am	Prof. Dr.Deepti Shastri Deputy Dean
	11.08-11.10am	Prof. Dr.E.M.J. Karthikeyan Director, Hospital Development Committee
Introduction of speaker	11.10-11.12am	Prof. Dr.R. Brinda Dept. of Anaesthesiology
"Empowering Equality: Preventing Sexual Harassment at Workplace"	11.12- 12.28pm	CSG. Saranya, MBA, FCS, Indian Women Network (IWN), Salem.
Vote of Thanks	12.28-12.30pm	Dr. C. Rajasekharan Professor, Dept. of General Surgery

**AWARENESS PROGRAMME ON 05.12.2023
PARTICIPANTS LIST**

S.No	Name	S.No	Name
1	Dr. V. Sivasankari	36	Mr. D. Vijith
2	Dr. Reena Rajan	37	Mr. S. Gopal Kannan
3	Dr. A.V. Raghavendra Rao	38	Mr. Chandru
4	Dr. N. Sakthi Gnana Sundaram	39	Ms. Sindhu
5	Dr. R. Brindha	40	Ms. Pappa
6	Dr. C. Rajasekharan	41	Ms. Kalaiselvi
7	Dr. B. Lakshmi Durai	42	Ms. R. Selvi
8	Dr. S. Moogaambiga	43	Mr. Tamil Rasu
9	Dr. R. Saranya	44	Mr. R. Arulmurugan
10	Dr. G. Prema Priya	45	Mr. M. Sugavanam
11	Dr. S. Mathavi	46	Mr. G. Mukesh Kannan
12	Dr. G. Ramani	47	Mr. S. Vimal
13	Dr. B.K. Padmavathi	48	Ms. M. Kumuthavalli
14	Dr. R.Ramya	49	Ms. B. Priya
15	Dr. S.Swathika	50	Ms. Chithra
16	Dr. P. Narendran	51	Ms. Valli
17	Dr. S. Shanu	52	Ms. Maheswari
18	Dr. P. Naveena	53	Ms. Pavithra
19	Mr. V. Sivasakthi	54	Ms. Harsha
20	Ms. K. Kalaivani	55	Ms. Gayathri
21	Ms. P. Devika	56	Ms. Sowmiya
22	Ms. R. Jamunarani	57	Ms. Swathi
23	Ms. S. Kalaiselvi	58	Ms. Srma
24	Ms. K. Revathi	59	Ms. Kalaivani
25	Ms. S. Aarthi	60	Ms. S. Shalini
26	Ms. S. Durgadevi	61	Ms. G. Amutha
27	Ms. G. Manisha	62	Mr. Arumugam
28	Ms. C. Nivedha	63	Mr. Raju
29	Ms. K. Thenmozhi	64	Ms. M. Vennila
30	Ms. B. Sandhiya	65	Ms. M. Thangamani
31	Ms. S. Sivaranjitha	66	Ms. Chandra
32	Ms. M.Vinothini	67	Ms. N. Sathyapriya
33	Ms. T. Poongodi	68	Mrs.Pavithradevi
34	Ms.. K. Lakshmi	69	Ms. Jaya Kodi
35	Ms. Iniya	70	Mr. Ananth

71	Mrs. Vaishnavi	108	Mr. Arun
72	Mrs. S. Usharani	109	Mr. Babith
73	Ms. A. Papitha	110	Mr. Dinesh Kumar
74	Ms. K. Kalaivani	111	Mr. Gobala Krishnan
75	Mr. S. Balanandhan	112	Mr. Manish
76	Ms. B. Shobana	113	Mr. Nithish Kumar
77	Mr. G. Naveen Kumar	114	Mr. Prakash Rajan
78	Mr. S. Gopi	115	Mr. Prasath
79	Mrs. C. Elavarasi	116	Mr. Puratchiventhan
80	Mr. M. Santhosh Kumar	117	Mr. Ragul
81	Mr. D. Prasath	118	Mr. Sakthi
82	Mr. M. Mohamed Ameer	119	Mr. Santhosh
83	Mr. K. Karthikeyan	120	Mr. Santhosh Kumar
84	Ms. Amit Shibu	121	Mr. Sivaraj
85	Ms. Alan Aleya has	122	Mr. Srinivas
86	Ms. M. Nithya Priya	123	Mr. Vinoth
87	Ms. Aleena Sara Skaria	124	Mr. T. Mavirusan
88	Ms. Aleena Reji	125	Mr. K. Krishnan
89	Ms. Aleena Sabu	126	Mr. D. Kannabiran
90	Ms. Aleena Aji	127	Mr. R. Logeshwaran
91	Ms. Aleesha Joseph	128	Mrs. A. Dhanalakshmi
92	Ms. Alina Mathew	129	Mr. G. Senthil Kumar
93	Ms. Aleena Sunny	130	Mr. C. Selvakumar
94	Ms. Aleena Shaji	131	Mr. J. Ranjith Kumar
95	Mr. K. Sriram	132	Mr. S. Shiva
96	Ms. Jothika	133	Mr. Prabhakaran
97	Mr. R. Vasanthuran		
98	Ms. R. Sangeetha		
99	Ms. N. Priya		
100	Ms. Asai Mani		
101	Ms. Sathiya		
102	Ms. S. Amirtha Varshini		
103	Ms. M. Mahalakshmi		
104	Mrs. K. Vanitha		
105	Mrs. S. Santhi		
106	Mrs. Dhanalakshmi		
107	Ms. T. Gowri		

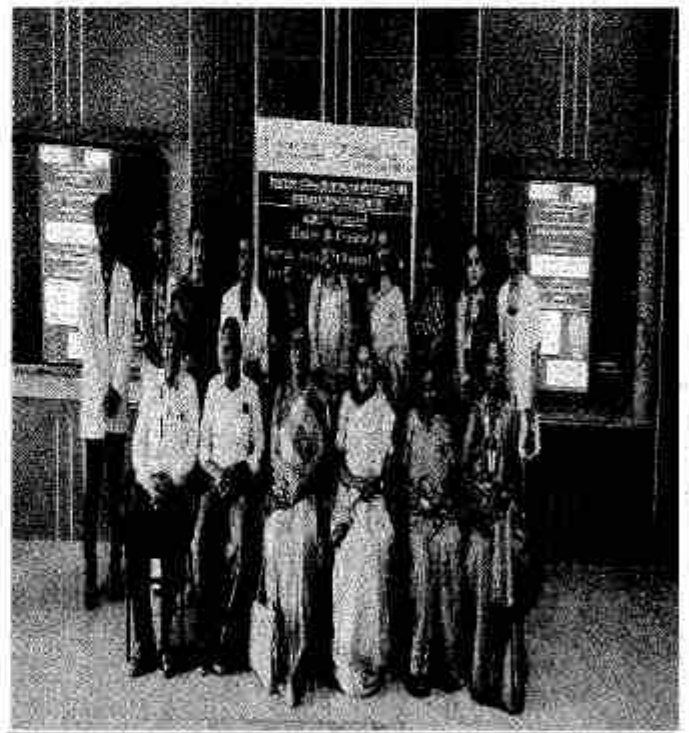
Few glimpses of the event - 05.12.2023



Felicitation by respected Dean Prof. Dr. K.EzhilVendhan and Dean's Address



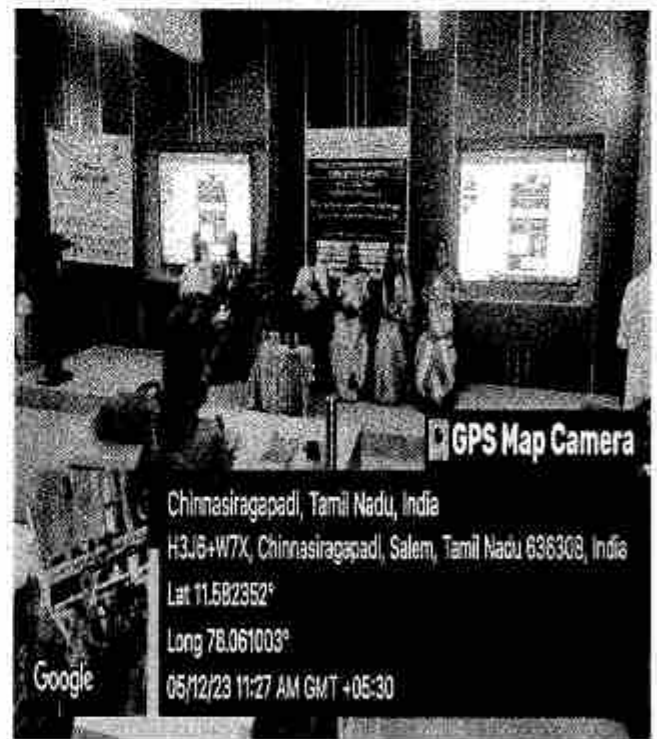
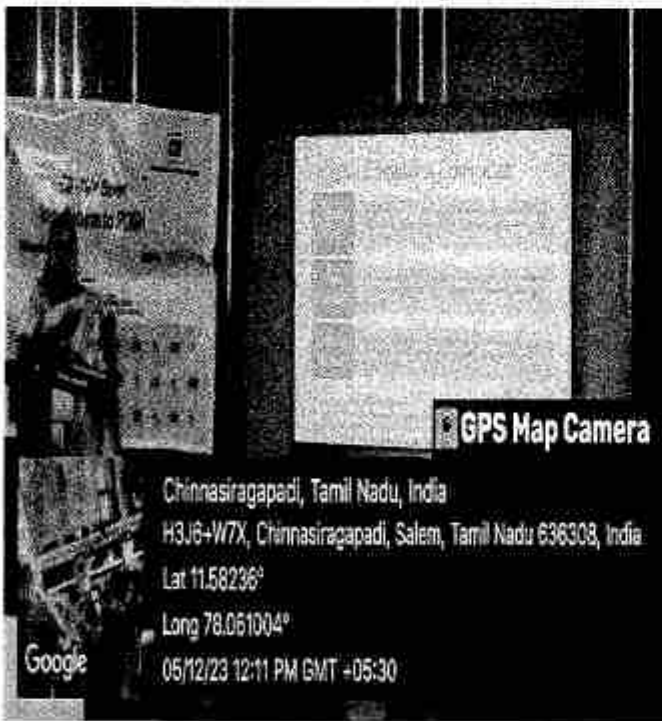
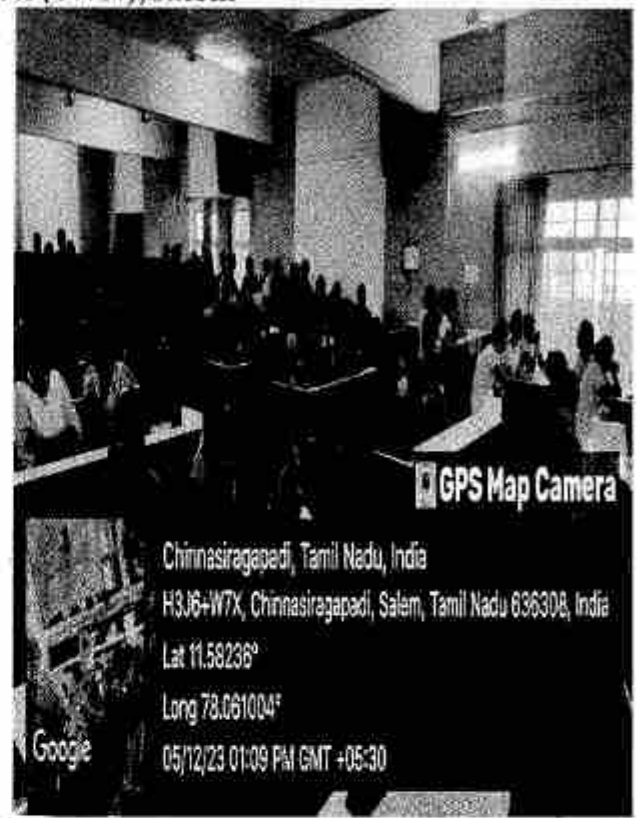
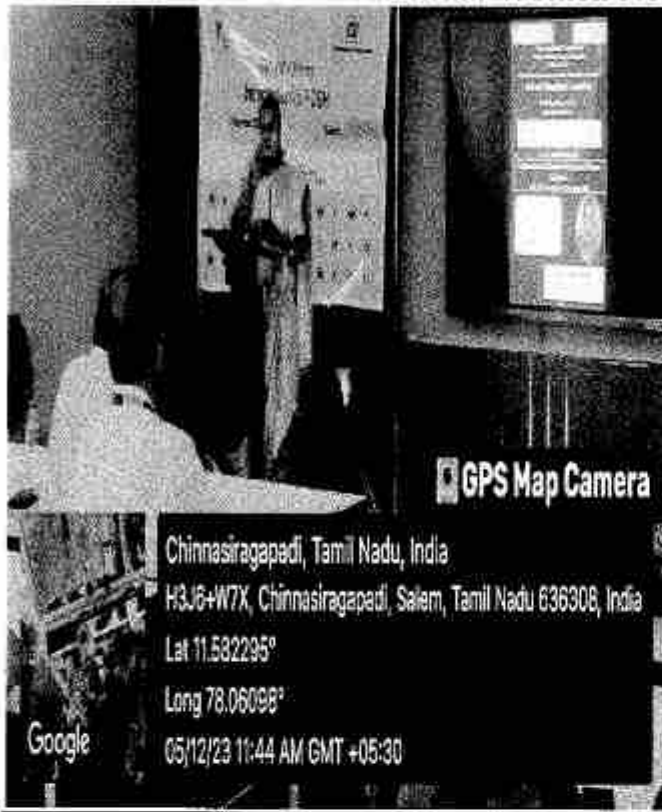
Welcome address by the Convener of ICC



Introducation of the speaker by Prof.Dr.Brinda

Members of ICC with Guest Speaker

**Awareness talk by the guest speaker CS G. Saranya,
India Women Network (IWN),Salem**



Interaction between the guest speaker and participants

CERTIFICATE



Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.
Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

Certificate of Honour

Awarded to

CS G. Saranya

Indian Women Network (IWN), Salem.

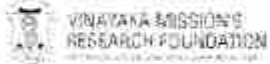
for delivering a talk on "Empowering Equality: Preventing Sexual Harassment at Workplace"
an Awareness Programme organised by Internal Complaints Committee, Vinayaka Mission's
Kirupananda Variyar Medical College & Hospitals, Salem on 05th December 2023.

Dr. V. Sivasankari
Convener of ICC

Dr. Deepti Shastri
Deputy Dean

Dr. S.R. Ranga Bhashyam
Medical Superintendent

Dr. K. Ezhil Vendhan
Dean



Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

Certificate of Participation

This is to certify that Dr. V. Sivasankari has participated as delegate for "Empowering Equality: Preventing Sexual Harassment at Workplace" an Awareness Programme organised by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 05th December 2023.

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Dean



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Internal Complaints Committee

Certificate of Participation

This is to certify that Mr. Lakshman Ram K G has participated in short film making on "Preventing Sexual Harassment at Workplace" conducted in view of observation of Women Pakhwada, organized by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 08th December 2023.

Dr. V. Sivasankari
Convenor of ICC

Dr. Deepthi Shastri
Deputy Dean

Dr. S.R. Ranga Bhashyam
Medical Superintendent

Dr. K. Ezhil Venkhan
Dean



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INTERNAL COMPLAINTS COMMITTEE

REPORT

On

POSTER COMPETITION ON

“GENDER EQUALITY FOR BUILDING THE NATION”

As part of Observation of

“Elimination of Discrimination against Women Pakhwada”

Date: 05th December 2023



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Report On

Poster competition - "Gender Equality for Building the Nation "

Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem organised and conducted "Poster competition on Gender Equality for Building the Nation" as part of observation of "Elimination of Discrimination against Women Pakhwada" on 05.12.2023.

- A total of 14 posters were received from postgraduates and CRMI's
- Best three posters were selected for awards. The posters were judged by Prof. Dr. R.Tamilselvi, Department of Pathology.

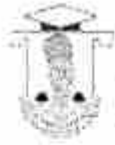
Prize winners:

- FIRST: Dr.J.Karthick Pandi, Final year PG, Pharmacology
- SECOND: Dr.T.Megavannan, Second year PG, Community Medicine
- THIRD: Dr.Sadvika, First year PG, Ophthalmology

POSTERS:-



INVITATION



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VINAYAKA MISSION'S
KIRUPANANDA VARIYAR
MEDICAL COLLEGE & HOSPITALS

**Vinayaka Mission's Kirupananda Variyar
Medical College & Hospital, Salem-636308**

Prevention of Sexual Harassment at Work Place (PoSH)

INTERNAL COMPLAINTS COMMITTEE

Elimination of Violence Against Women &
Discrimination against Women Pakhwada
From 25th November to 10th December 2023

POSTER COMPETITION

**Topic: Gender Equality for
Building The Nation**



Guidelines: Open to All Postgraduates and CRMIs

- The Poster has to be prepared strictly on the theme. It can be hand drawn or computer based. Send as pdf
 - Poster presentation will be evaluated on the Relevance to the theme, design, content and originality
 - All participants will be issued participation certificates and the Best 3 posters will be awarded prizes.
 - Judges decision will be final.
- Submit your posters to dr.premapriya.r@gmail.com
on or before **5/12/2023**

SAMPLE POSTERS

Gender equality for building the nation

It is essential to ensure that women have the same opportunities as men. Making these opportunities available to women is essential for the development of our country.

LET EQUALITY BLOOM

PELLENTI & ASSOCIATES
OPPORTUNITY

BREAK THE SILENCE!!! END THE VIOLENCE

Share a solution

STOP VIOLENCE AGAINST WOMEN

STOP BLAMING VICTIMS

NO MEANS NO

MY BODY MY CHOICE

GENDER EQUALITY

YOUR LAWS FAVOR MOUNTAIN GOATS

YOUR RIGHTS ARE LIMITED BY YOUR MOUNTAIN GOAT

ONLY ONE OF MOUNTAIN GOATS CAN BE A MOUNTAIN GOAT

YOUR MOUNTAIN GOAT IS NOT THE SAME MOUNTAIN GOAT

WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

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WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

GENDER EQUALITY NOW!

STOP

WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

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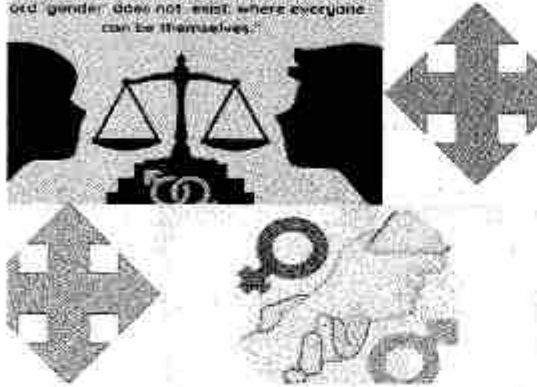
WOMEN OF QUALITY DESERVE MOUNTAIN GOAT EQUALITY

Gender equality for building the nation

Recreate the beginning of birth, unfold the word gender from a mother's womb. Celebrate the birth of a being unbiased. Revolute for an equal nation where everyone are treated equally.



gender-equal society would be one where the old 'gender' does not exist, where everyone can be themselves.



Social Quotient

Gender Inequality

64.63%
87%

100%
76.8%

gender inequality

- 1. Access to education
- 2. Access to health services
- 3. Access to economic resources
- 4. Access to political participation
- 5. Access to justice
- 6. Access to information and communication technologies
- 7. Access to decent work
- 8. Access to energy
- 9. Access to housing, basic services and infrastructure
- 10. Access to sustainable consumption and production patterns
- 11. Access to clean water and sanitation
- 12. Access to cities and human settlements
- 13. Access to disaster risk reduction
- 14. Access to food security and nutrition
- 15. Access to land, ocean and marine resources
- 16. Access to peace, justice and strong institutions
- 17. Access to resilient infrastructure, sustainable cities and communities
- 18. Access to responsible consumption and production
- 19. Access to sustainable energy
- 20. Access to water and sanitation

Gender equality for building the nation

Be the change for the world of a tomorrow.
Be the revolution for a better world.
We should do one and the same because there will be one process.
You are the change, you are the future, you are the revolution, you are the equality.



PRIZE DISTRIBUTION BY RESPECTED DEAN

CERTIFICATE FOR PRIZE WINNERS



VINAYAKA MISSION'S
RESEARCH FOUNDATION



VINAYAKA MISSION'S
KIRUPANANDA VARIYAR
MEDICAL COLLEGE & HOSPITALS


Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

Certificate of Participation

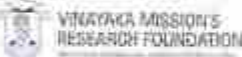
This is to certify that Dr. J Karthick Pandi has won First place in Poster Competition on "Gender Equality For Building The Nation" conducted in view of observation of Women Pakhwada, organized by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 06th December 2023.


Dr. V. Sivasanthani
Convener of ICC

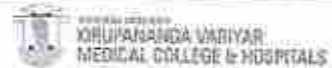

Dr. Deepthi Shastri
Deputy Dean


Dr. S.R. Ranga Bhashyam
Medical Superintendent


Dr. K. Ezhil Vendhan
Dean



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Internal Complaints Committee


Certificate of Participation

This is to certify that Dr. T Megavannan has won Second place in Poster Competition on "Gender Equality For Building The Nation" conducted in view of observation of Women Pakhwada, organized by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 06th December 2023.


Dr. V. Sivasanthani
Convener of ICC


Dr. Deepthi Shastri
Deputy Dean


Dr. S.R. Ranga Bhashyam
Medical Superintendent


Dr. K. Ezhil Vendhan
Dean


Prof. Dr. K. Ezhil Vendhan, M.S.,
Dean

Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals
Speeragapadi, Salem 636 308.



VINAYAKA MISSION'S
**KIRUPANANDA VARIYAR
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Sankari Main Road (NH -17), Seeragapadi, Salem 636308, Tamil Nadu, India

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email: office.vmkvmc@vmu.edu.in

INTERNAL COMPLAINTS COMMITTEE

REPORT

ESSAY COMPETITION

ON

“GENDER EQUALITY FOR BUILDING THE NATION”

As Part of Observation of

“Elimination of Discrimination Against Women Pakhwada”

Date: 06th December 2023



VINAYAKA MISSION'S
RESEARCH FOUNDATION
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email: vmtrust@vmu.edu.in


Prof. Dr. K. Ezhil Vendhan, M.S.,

Dean

Vinayaka Mission's Kirupananda

Variyar Medical College & Hospitals

Seeragapadi, Salem . 636 308.



Report on Essay competition

Topic : “Gender Equality for building the nation ”

Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem organised and conducted “Essay competition for Undergraduate students on Gender Equality for building the nation” as a part of observation of “Elimination of Discrimination against Women Pakhwada” on 06.12.2023.

- Best three essays were selected for awards. The entries were judged by Dr. R.Sudha, Associate Professor, Department of Biochemistry.

Prize winners:

- **FIRST** : Mr Aswin kumar , Final year MBBS student
- **SECOND** : Ms Akalya, Second year MBBS student
- **THIRD** : Ms Shini Preetha, Final year MBBS student

INVITATION



VINAYAKA MISSION'S
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(Awarded to the University under section 3 of the UGC Act 1956)



VINAYAKA MISSION'S
KIRUPANANDA VARIYAR
MEDICAL COLLEGE & HOSPITALS

**Vinayaka Mission's Kirupananda Variyar
Medical College & Hospital, Salem-636308**

Prevention of Sexual Harassment at Work Place (PoSH)

INTERNAL COMPLAINTS COMMITTEE

Elimination of Violence Against Women &
Discrimination against Women Pakhwada
From 25th November to 10th December 2023

ESSAY COMPETITION

**Topic: Gender Equality for
Building The Nation**



Guidelines: Open to All Undergraduates

- The Essay has to be prepared strictly on the theme. It can be hand drawn or computer based. Send as pdf
- Essays will be evaluated on the Relevance to the theme, design, content and originality
- All participants will be issued participation certificates and the Best 3 Essays will be awarded prizes.
- Judges decision will be final.

•Submit your Essays to mooks.stanlean@gmail.com,
Mobile No. 9842459677 on or before **6/12/2023**

Images of Essay competition and Prize distribution by Respected Dean & Medical Superintendent





VINAYAKA MISSION'S
RESEARCH FOUNDATION

**INTERNAL
COMPLAINTS
COMMITTEE**
VMKVMCH



VINAYAKA MISSION'S
KIRUPANANDA VARIYAR
MEDICAL COLLEGE & HOSPITALS

GENDER EQUALITY FOR BUILDING THE NATION

SYNOPSIS :

1	INTRODUCTION
2	THE SIGNIFICANCE OF GENDER EQUALITY
3	ECONOMIC PROSPERITY THROUGH GENDER EQUALITY
4	SOCIAL DEVELOPMENT AND INCLUSIVITY
5	POLITICAL REPRESENTATION AND EQUITABLE POLICIES
6	OVERCOMING CHALLENGES: BREAKING BARRIERS FOR EQUALITY
7	STEPS TO CULTIVATE GENDER EQUALITY IN SCHOOLS AND COLLEGES
8	CONCLUSION: A VISION FOR AN INCLUSIVE FUTURE

INTRODUCTION:

Gender equality stands as an indispensable cornerstone in the construction of a prosperous and resilient nation. The empowerment and inclusion of all genders are not merely moral imperatives; they are essential elements driving progress, innovation, and societal harmony within a nation's fabric. The vision of a thriving nation is intricately linked to the pursuit of gender equality, as it fosters a landscape where every individual, regardless of gender identity, contributes equitably to the nation's development. Here in my essay I wish to quote my view about Gender equality for building the nation .

"Unity in Diversity: Forging a Nation Through Equality "

THE SIGNIFICANCE OF GENDER EQUALITY :

Gender equality serves as the linchpin for societal harmony and advancement. It embodies the principle of unity, acknowledging that when all genders have equal rights, opportunities, and recognition, a nation thrives collectively. The saying, "United we stand, divided we fall," encapsulates the essence of unity as a driving force behind societal progress. When each individual, irrespective of gender, is given an equitable platform to contribute, the nation evolves into a cohesive entity, marching confidently toward prosperity.

STEPS TO CULTIVATE GENDER EQUALITY IN SCHOOLS AND COLLEGES:

- 1. Implement Inclusive Curriculum:** Develop a curriculum that challenges gender stereotypes, includes diverse perspectives, and promotes equality in subjects across disciplines.
- 2. Provide Equal Access to Education:** Ensure equal access to quality education for all genders, addressing barriers such as cultural norms, safety concerns, and financial constraints.
- 3. Offer Gender-Sensitive Training for Educators:** Provide training and workshops for educators to understand and address gender biases in teaching, classroom interactions, and assessment methods.
- 4. Establish Gender-Neutral Spaces:** Create inclusive and safe environments on campus, including gender-neutral restrooms and communal areas, to accommodate diverse gender identities.
- 5. Encourage Leadership Opportunities:** Promote equal participation in extracurricular activities, clubs, and leadership roles, fostering an environment where all genders can develop their skills and leadership qualities.
- 6. Combat Gender-Based Violence:** Implement policies and programs to prevent and address gender-based violence, including sexual harassment and bullying, creating a zero-tolerance culture.
- 7. Offer Counseling and Support Services:** Provide counseling and support services that address gender-specific issues, mental health concerns, and challenges faced by different genders.
- 8. Foster Diversity and Inclusion Initiatives:** Organize events, seminars, and discussions that celebrate diversity, inclusivity, and gender equality, encouraging dialogue and awareness among students and faculty.
- 9. Promote Gender-Equal Representation:** Ensure gender-balanced representation in decision-making bodies, student councils, and committees, fostering a more inclusive and representative governance structure.
- 10. Evaluate and Adjust Policies Regularly:** Regularly assess and revise institutional policies and practices to ensure they align with principles of gender equality, incorporating feedback from students and staff.

GENDER EQUALITY FOR BUILDING THE NATION

INTRODUCTION

Gender equality refers to the equal rights, opportunities, and treatment of individuals regardless of their gender. It involves the recognition that both men and women should have the same rights and opportunities in all areas of life, including education, employment, healthcare, and participation in social and political activities.

Achieving gender equality is a complex and ongoing process that involves challenging and changing societal norms, stereotypes, and discriminatory practices. It is not just about ensuring that women have the same opportunities as men but also addressing issues such as gender-based violence, discrimination, and unequal power dynamics.

Equal Opportunities: Ensuring that individuals, regardless of their gender, have the same opportunities in education, employment, and other areas.

1. **Equal Pay:** Closing the gender pay gap, which often sees women being paid less than men for the same work or work of equal value.
2. **Elimination of Discrimination:** Addressing and eliminating discriminatory practices based on gender, whether in the workplace, in education, or in other aspects of life.
3. **Women's Empowerment:** Promoting the empowerment of women by providing them with the tools, resources, and support needed to achieve their full potential.
4. **Healthcare Access:** Ensuring that both men and women have equal access to healthcare services and information.
5. **Representation:** Promoting equal representation of men and women in decision-making roles in politics, business, and other sectors.
6. **Challenging Gender Stereotypes:** Breaking down traditional gender stereotypes and expectations that limit the choices and opportunities available to individuals based on their gender.
7. **Preventing Gender-Based Violence:** Taking measures to prevent and address violence, harassment, and abuse based on gender.

8.Reducing poverty

Women's economic empowerment through equal employment opportunities and financial inclusion can contribute significantly to poverty reduction. Empowered women often invest in their families and communities, creating a positive ripple effect.

9.Legal and human rights framework

Gender equality is a fundamental human right. Establishing and enforcing laws that ensure equal rights and protection for all genders contribute to the overall development of a just and fair society.

10. Long-term sustainable development

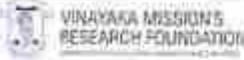
Sustainable development requires addressing social, economic, and environmental challenges. Gender equality is a key component of sustainable development, as it promotes social equity and resilience.

Conclusion

In summary, achieving gender equality is not only a matter of fairness but also a strategic imperative for building strong and resilient nations. It requires a comprehensive approach involving legal reforms, education, economic policies, and changes in societal attitudes to create an environment where everyone, regardless of gender, can thrive and contribute to the nation's development.

Ms. Shini Preetha
Final year MBBS

CERTIFICATE FOR PRIZE WINNERS




Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee


Certificate of Participation

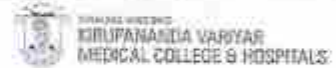
This is to certify that Mr. Aswin Kumar has won First place in Essay Writing Competition on "Gender Equality For Building The Nation" conducted in view of observation of Women Pahlwada, organized by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 08th December 2023.


Dr. V. Sivasankari
Convener of ICC


Dr. Deepthi Shastri
Deputy Dean


Dr. S.R. Ranga Bashaiah
Medical Superintendent


Dr. K. Ezhil Vendhan
Dean



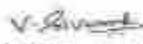
Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee


Certificate of Participation

This is to certify that Ms. Shini Preetha has won Third place in Essay Writing Competition on "Gender Equality For Building The Nation" conducted in view of observation of Women Pahlwada, organized by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 08th December 2023.


Dr. V. Sivasankari
Convener of ICC


Dr. Deepthi Shastri
Deputy Dean


Dr. S.R. Ranga Bashaiah
Medical Superintendent


Dr. K. Ezhil Vendhan
Dean


Prof. Dr. K. Ezhil Vendhan, M.S.,
Dean

Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals
Salem

**Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals, Salem – 636308.**

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

**Elimination of Violence against Women &
Discrimination against Women Pakhwada**

From 25th November to 10th December 2023

SHORT FILM

To create awareness among Faculty, PG students, UG students and Non Teaching Staffs of VMKVMC&H, Salem on Gender equality a short film was made by the Under Graduate students of Phase II MBBS as part of observation of Elimination of Discrimination against Women Pakhwada.

**Certificates issued to all the Participants of Short film by respected
Dean, Medical Superintendent**




Prof. Dr. K. Ezhil Vendhan, M.S.
Dean
Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals
Soeragapadi, Salem 636 308.

CERTIFICATE FOR PARTICIPATION IN SHORT FILM MAKING



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MEDICAL COLLEGE & HOSPITALS


Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

Certificate of Participation

This is to certify that Mr. Lakshman Ram K G has participated in short film making on "Preventing Sexual Harassment at Workplace" conducted in view of observation of Women Pakhwada, organized by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 08th December 2023.


Dr. V. Sivasaikanti
Convener of ICC


Dr. Deepu Shastri
Deputy Dean


Dr. S.R. Ranga Bhashyam
Medical Superintendent


Dr. K. Ezhil Vendhan
Dean



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MEDICAL COLLEGE & HOSPITALS


Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem.

Vinayaka Mission's Research Foundation (Deemed to be University)

Internal Complaints Committee

Certificate of Participation

This is to certify that Ms. Arul Anandhi S has participated in short film making on "Preventing Sexual Harassment at Workplace" conducted in view of observation of Women Pakhwada, organized by Internal Complaints Committee, Vinayaka Mission's Kirupananda Variyar Medical College & Hospitals, Salem on 08th December 2023.


Dr. V. Sivasaikanti
Convener of ICC


Dr. Deepu Shastri
Deputy Dean


Dr. S.R. Ranga Bhashyam
Medical Superintendent


Dr. K. Ezhil Vendhan
Dean


Prof. Dr. K. Ezhil Vendhan, M.S.,
Dean

Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals
Sseragapadi, Salem 636 308.

**Vinayaka Mission's Kirupananda
Variyar Medical College & Hospitals, Salem – 636308.
Vinayaka Mission's Research Foundation (Deemed to be University)**

Internal Complaints Committee

**Elimination of Violence against Women & Discrimination against Women Pakhwada
From 25th November to 10th December 2023**

Prize Distribution Ceremony - 11.12.2023



Prize Distribution Ceremony by respected Dean & Medical Superintendent




Prof. Dr. K. Ezhil Vendhan, M.S.
Dean,
Virayeka Mission's Kirupananda
Variyar Medical College & Hospital's
Soeraganadi, Salem - 636 308.